

Lewes Triathlon

On 20th June a group of Otters took part in the Lewes Triathlon, which is a new event on the calendar and also doubled as the Otters Club Championship. The event was held at Lewes Leisure Centre and after completing the swim the athletes had a long run to Transition. The bike course was an energy sapping grass circuit with a similar route for the run. It was a warm day but a breeze kept the air temperature at a comfortable level.. Star performer on the day was **Bethany Lewis** who won the Tristar 1 Girls race in style with an 18 second comfort zone ahead of second place. **Ed Taylor** put in another impressive performance to finish second behind Bodyworks' Harry Stacey who is strong on the bike as well as being an excellent swimmer but not a patch on Ed when it comes to the run. Well done to both Otters for their podium places. For **Toby** and **Ben Nisbet** this was another historic day as they competed in and completed their first ever triathlons. Unluckiest Otter of the day was Harry Tipton who after a fantastic swim was impeded by a well meaning but not so helpful official in bike transition and as a result lost a lot of ground. A subsequent deduction of 15 seconds off his time was little compensation for the delay and he showed great determination to complete the race when others might have quit. **Jack Hopkins** put in a typically steady performance in the Tristar 2 Boys event and **Megan Lewis** continued to demonstrate that she is up to the challenge of the longer Tristar 3 distances by completing the race in good order.

Position	Name	Age Group	Overall
3	Toby Nisbet	Start	00:09:50
1	Bethany Lewis	T1	00:15:33
2	Edward Taylor	T1	00:14:44
6	Ben Nisbet	T1	00:17:07
7	Harry Tipton	T1	00:17:53
7	Jack Hopkins	T2	00:29:07
5	Megan Lewis	T3	00:35:41

Congratulations to Toby, Bethany, Edward, Jack and Megan who as a consequence of their participation in this event are our 2010 Triathlon Club Champions.