

| Tristar Start Girls | | Swim | Run & Trans 600m | Overall |
|----------------------------|----------------|-------------|-----------------------------|----------------|
| 1 | Sophie Downham | 1 : 17 | 5 : 31 | 6 : 48 |

| Tristar Start Boys | | Swim | Run & Trans 600m | Overall |
|---------------------------|--------------|-------------|-----------------------------|----------------|
| 1 | Joe Birch | 0 : 59 | 4 : 16 | 5 : 15 |
| 2 | Harry Tipton | 1 : 08 | 4 : 52 | 6 : 00 |

| Tristar 1 Girls | | Swim 4 lengths | Run & Trans 1200m | Overall |
|------------------------|---------------|-----------------------|------------------------------|----------------|
| 1 | Bethany Lewis | 2 : 43 | 6 : 42 | 9 : 25 |
| 2 | Eloise Walker | 2 : 25 | 7 : 20 | 9 : 45 |
| 3 | Abby Downham | 2 : 56 | 10 : 36 | 13 : 32 |

| Tristar 1 Boys | | Swim 4 lengths | Run & Trans 1200m | Overall |
|-----------------------|---------------|-----------------------|------------------------------|----------------|
| 1 | Edward Taylor | 2 : 57 | 7 : 03 | 10 : 00 |
| 3 | Tom Rowley | 3 : 58 | 6 : 32 | 10 : 30 |
| 4 | Ollie Rowley | 3 : 40 | 7 : 11 | 10 : 51 |

| Tristar 2 Girls | | Swim 6 lengths | Run & Trans 1800m | Overall |
|------------------------|-------------|-----------------------|------------------------------|----------------|
| 1 | Megan Lewis | 3 : 40 | 10 : 24 | 14 : 04 |

| Tristar 2 Boys | | Swim 6 lengths | Run & Trans 1800m | Overall |
|-----------------------|--------------|-----------------------|------------------------------|----------------|
| 1 | Max Birch | 4 : 50 | 11 : 56 | 16 : 46 |
| 2 | Jack Hopkins | 5 : 18 | 12 : 40 | 17 : 58 |

| Tristar 3 Girls | | Swim 12 lengths | Run & Trans 3000m | Overall |
|------------------------|-------------|------------------------|------------------------------|----------------|
| 1 | Ellen Birch | 9 : 57 | 17 : 44 | 27 : 41 |

| Tristar 3 Boys | | Swim 12 lengths | Run & Trans 3000m | Overall |
|-----------------------|--------------------|------------------------|------------------------------|----------------|
| 1 | Kurt Godfrey-Evans | 7 : 50 | 15 : 08 | 22 : 58 |